



# Acupuncture & Wellness Center

## WELLNESS MENU

### Acupuncture Injection Therapies

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#### Lipo-Mino (Skinny Shot)

Lipotropic blend that can increase metabolism and breakdown fat in your liver. Vitamin B6, B12 for energy and red cell production. Vitamin B1, B2 increases metabolism, improves immune system, converts fat and carbohydrates into energy. Inositol helps metabolize fat and improves insulin function. Choline metabolize lipids, promotes nerve health and reduces muscle recovery time. Methionine is an amino acid that is essential for energy metabolism. Carnitine improves fat metabolism, energy and promotes muscle building potential.

ONCE A WEEK  
Weight Management  
Fat Metabolism  
Energy Production

#### Amino Blend

Amino blend can help boost metabolism, improve energy levels, increase endurance, helps to burn fat, provides essential and non-essential amino acids to stay healthy. Glutamine increases protein metabolism, increases your ability to secrete human growth hormone, metabolize body fat and support new muscle growth. Arginine promotes vasodilation, blood flow and increases vitality. Lysine converts fatty acids into energy, lowers cholesterol levels, increases calcium absorption, increases collagen which aids in health bones and connective tissue. Citrulline helps with blood flow and increases the immune system. Carnitine improves fat metabolism, increases energy and promotes muscle building.

ONCE A WEEK  
Weight Management  
Fat Metabolism  
Energy Production

#### Glutathione

A powerful liver antioxidant made of amino acids. Can be taken in the treatment and prevention of eye disorders, aging, hangovers and auto-immune disorders. Protects cells from free radical damage, improves cellular function and intracellular health.

ONCE A WEEK  
Liver Detox  
Free Radical Removal

#### Vitamin B12

Increases red blood cell formation, supports bone health and may prevent osteoporosis. Protects against eye disease, may improve mood and symptoms of depression, prevents brain atrophy, increases energy and supports health metabolism.

ONCE A WEEK  
Boosts Energy  
General Well Being

#### Vitamin B6

Increases protein, fat and carbohydrate metabolism, creation of red blood cells and neurotransmitters. May improve mood and reduce symptoms of depression, promotes brain health, may be useful in treating PMS, promotes eye health, reduces inflammation and promotes healthy nerve conduction.

ONCE A WEEK  
Improve Mood  
Improve Nerve Health

#### Traumeel

Analgesic/pain relief, anti-inflammatory, reduces swelling, anti-viral, increases blood circulation and venous return. Improves cellular respiration, oxidation to promote healing, stimulates wound healing and the immune system.

AS NEEDED  
Pain Management  
Promote Healing

#### Spascupreel

Reduces spasms, cramps in the organs and smooth musculature. Stomach, abdomen, uterus, bladder cramps and period pain. Spasticity of the striated musculature, fibromyalgia and hardening of the muscles. For temporary relief of muscle spasms anywhere in the body.

AS NEEDED  
Pain Management  
Calm Spasms

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